



# ACE's Spotlight on a Subject

## Summer Term 2025 PE

### How is PE taught at ACE?

Our vision for PE is to provide a high-quality curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. We do that through the use of the Get Set 4 PE scheme, which provides opportunities for pupils to become physically confident in a way which supports their health and fitness. The curriculum ensures that children participate in a wide variety of sports which they revisit in subsequent year groups so they can develop their skills further. We provide children with opportunities to compete in sports against other schools, which enables them to build character and helps to embed values such as fairness and respect.

### Recent Learning in the Infants



Sports Day gave all the infant children the opportunity to participate in a variety of individual and team events, earning points for their house.



Year 2 have enjoyed a unit of striking and fielding games. They have been developing their understanding of the principles of attacking (batting) and defending (fielding). They use skills of throwing and catching, tracking a ball and striking a ball.

### Recent Learning in the Juniors

Years 4 to 6 are all enjoying some OAA this term. OAA stands for Outdoor Adventurous Activities where pupils work collaboratively in groups to solve problems and complete challenges, developing their negotiation and leadership skills.



Year 3 are extending their striking and fielding skills with the game of cricket. They are introduced to the roles of bowler, wicket keeper, fielder and batter.

Every summer, a team from across the Juniors competes against other Spelthorne schools at District Sports. Children represent the school in a range of traditional athletics events, including sprint, long jump, relay and throwing.



### How can you support your child with PE at home?

The NHS recommends that children and young people aim for an average of 60 minutes of moderate to vigorous physical activity every day. This should be a combination of aerobic exercise and exercises that strengthen their muscles and bones.

Encourage your child to be as active as possible in their every day lives and join in with them at every opportunity! Walking to school, a family bike ride and visiting the park all contribute towards their overall fitness. Practising key skills such as skipping, throwing and catching will support their physical development. For children that enjoy organised sport, there are a variety of after school clubs available.